

# TORREBESSES

## 24-27 JULY 2023



# CAMPUS

## GUITAR CLINIC

### II edition 2023

### #campuspujol

"The study consists of a physical and a psychological aspect. One will have to combat the rebellious aspect in order to balance the overall result."

**Emili Pujol**

#### Professional team



**Mª Esther Guzmán**  
GUITAR



**Carles Herraiz**  
GUITAR



**David Murgadas**  
EARLY PLUCKED INSTRUMENTS



**Prevention Center  
for Performing Arts**

PHYSIOTHERAPY  
PILATES  
PSYCHOLOGY  
NUTRITION

#### Funded by



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# CAMPUS EMILI PUJOL - GUITAR CLINIC

## II EDITION | TORREBESSES

From July 24th to July 27th, 2023

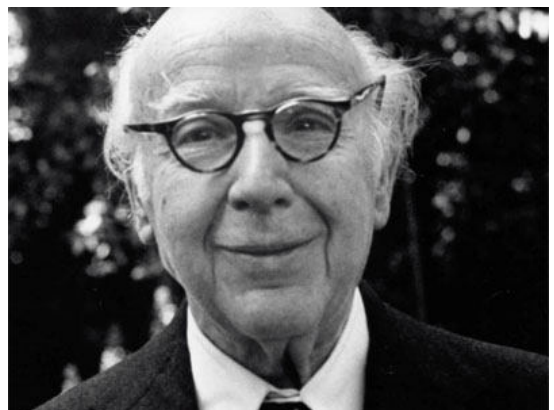
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### What is the Emili Pujol Campus?

The Emili Pujol Campus is a program designed for the physical and psychological development of classical guitarists through the study of guitar and the exploration of mind-body balance. The program is based on the pedagogical philosophy of the master Pujol and includes residencies in a rural and natural environment where participants can also discover the local heritage and gastronomy.

### Who was Emili Pujol?

*Emili Pujol i Vilarrubi, born in La Granadella in 1886 and died in Barcelona in 1980, devoted his life to the guitar. He first dedicated himself to studying and performing the instrument, then went on to become a researcher and musicologist, and later a composer and teacher. He delved into the world of early music and discovered a valuable Renaissance*



*repertoire that had been hidden for centuries. He published a guitar method that builds on the principles of Francisco Tárrega's school, filtered through his personal experience as a performer, composer, and teacher at the Barcelona Conservatory, the Accademia Musicale Chigiana in Siena (Italy), the Ecole Normale de Musique in Paris, and the Lisbon Conservatory.*

### Who organizes?

The Campus is organized and produced by **Iluminario Association**, the artistic coordination of the **Cercle Guitarrístic a Catalunya**, with funding from the **European Next Generation Fund of the European Union within the Recovery, Transformation and Resilience Plan** and the institutional support of the **Diputació de Lleida**, the **Institut d'Estudis Ilerdencs**, the **Department of Culture of the Generalitat de Catalunya**, the **Ajuntament de Torrebesses**, and the **Dry Stone Interpretation Center**.



## Where does it take place?

It takes place at the **Dry Stone Interpretation Center**, in the town of Torrebesses, where the master Pujol lived and spent time at his summer farmhouse, Mas Janet. The facilities and spaces are adapted both logistically and technologically, in a rural environment and in direct contact with nature.

## When is it held?

It takes place during the summer season, with emphasis on the dates of late July, August, and early September. This second edition will be held from **Monday, July 24th, to Thursday, July 27th, 2023.**

## Participants targeted

The Campus is designed for the participation of students, teachers, or amateur/professional musicians, and is divided into 3 modules:

1. **PHYSIOTHERAPY AND PILATES:** Physical & ergonomic body work.
2. **PSYCHOLOGY AND NUTRITION:** Mental work & nutritional awareness.
3. **GUITAR AND EARLY PLUCKED INSTRUMENTS:** Individual/group masterclasses, active/passive listeners.

## Professors

The professors of the Campus are active professionals in the different subjects that will be taught.

- **PHYSIOTHERAPY, PILATES, PSYCHOLOGY, AND NUTRITION: Center for the Prevention of Performing Arts Injuries (CPAE).** Health care team/ musicians who specialize in treating injuries in artists. Website: [cpae.net](http://cpae.net)
- **GUITARRA: M<sup>a</sup> Esther Guzmán:** Classical guitar performer and professional pedagogue. Website: [mariaestherguzman.net](http://mariaestherguzman.net) | **Carles Herraiz:** Guitarist and classical guitar teacher at the Municipal Conservatory of Music of Lleida. Website: [carlesherraiz.com](http://carlesherraiz.com)
- **EARLY PLUCKED INSTRUMENTS: David Murgadas:** Guitarist, expert in early plucked string instruments, and professor at the Municipal Conservatory of Music of Igualada. Website: [davidmurgadas.com](http://davidmurgadas.com)



M<sup>a</sup> Esther Guzmán

Carles Herraiz

David Murgadas

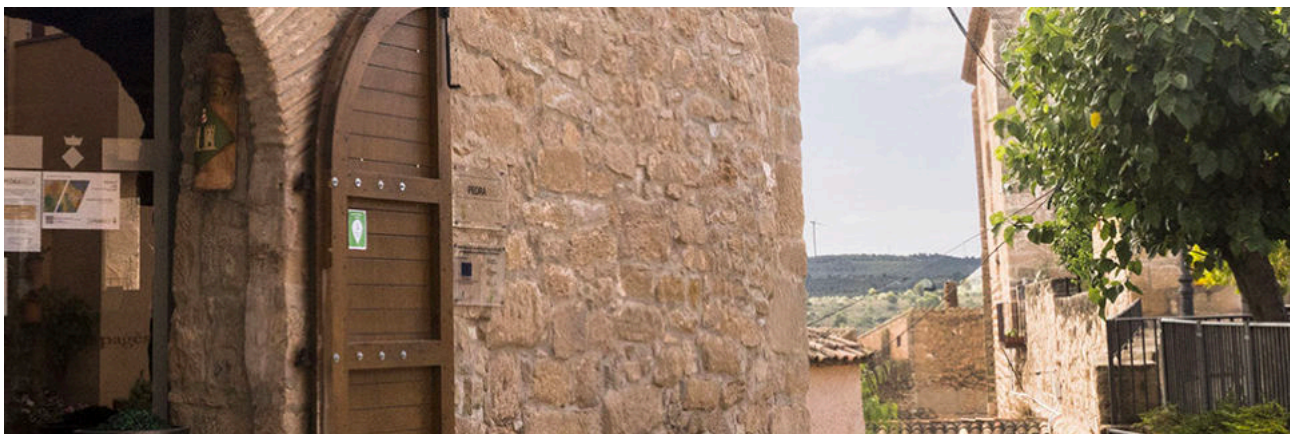


Prevention Center for Performing Arts

## 2023 Schedule

*Location: Dry Stone Interpretation Center / TORREBESSES*

- **Monday 24/JUL | Morning (9.30-10am): INAUGURATION** - Accreditation of participants and course presentation with breakfast.
- **Monday 24/JUL | Morning (10am-2pm): PHYSIOTHERAPY (4h)** - Ergonomics, performance, body awareness and injury prevention.
- **Monday 24/JUL | Afternoon (4-7pm): GUITAR (3h)** - Technical and aesthetic workshops through the pedagogical philosophy of master Emili Pujol. Individual classes and participation as a listener.
- **Tuesday 25/JUL | Morning (10am-2pm): ROUTE AND CULTURAL VISIT (4h)** - Route through the dry stone landscape and monumental heritage, oil mill, ethnological museum visit.
- **Tuesday 25/JUL | Afternoon (4-7pm): GUITAR AND EARLY PLUCKED INSTRUMENTS (3h)** - Technical and aesthetic workshops through the pedagogical philosophy of master Emili Pujol + Practical learning of antique instruments. Individual classes and participation as a listener.
- **Wednesday, 26/JUL | Morning (10am-2pm): PHYSIOTHERAPY AND PILATES (4h)** - Improvement of physical activity, warm-up, preventive exercises, performance, posturology applied to the instrument, and action in case of injury urgency.
- **Wednesday, 26/JUL | Afternoon (4-7pm): GUITAR (3h)** - Technical and aesthetic workshops through the pedagogical philosophy of master Emili Pujol. Individual classes and participation as a listener.
- **Thursday, 27/JUL | Morning (10am-2pm): PSYCHOLOGY AND NUTRITION (4h)** - Management of stage stress and anxiety, origins and treatment. Nutrition: what/when/how to eat.
- **Thursday, 27/JUL | Afternoon (4-7pm): GUITAR (3h)** - Technical and aesthetic workshops through the pedagogical philosophy of master Emili Pujol. Individual classes and participation as a listener.



Dry Stone Interpretation Center (Torrebesses, LLEIDA)

## Accommodation and lunches

Students who wish to do so can stay at Casa del "Lino", a rural house in Torrebesses with complete equipment and adapted for disabled people. Shared rooms for three people are available. If someone prefers to stay in a single room, they can contact us and we will help them find accommodation. Lunches will be provided by the organization and will consist of local products. Breakfasts and dinners will be the responsibility of the student. It is important to communicate any food intolerance.

## Prices and conditions

- **OPTION A -> COURSE+LUNCHES:€350**
- **OPTION B -> COURSE+LUNCHES+ACCOMMODATION (5 nights):€475**  
Payment method: By Paypal to [campuspujol@gmail.com](mailto:campuspujol@gmail.com) or by bank transfer to "CaixaBank" ES56 2100 5516 8121 0016 3620
- \* **20% discount if you pay the full amount before May 30th (OPTION A: €280 or OPTION B: €380). Non-refundable.**
- \* **Registration deadline: Sunday, July 2nd, 2023.**
- \* **Maximum 15 participants.** The Campus is designed to accommodate a limited number of students to meet individual desired objectives.
- \* The participants will have free and preferential access to the concerts.
- \* There are no restrictions on level, age, or nationality.
- \* Schedules may vary depending on the number of registrants.
- \* A deposit of €50 is required to reserve your spot.
- \* Contact us for more advantages for groups at [campuspujol@gmail.com](mailto:campuspujol@gmail.com)



Images of Campus Emili Pujol 2019







## Organization and technical production



### Iluminario Associació

c/. Portal, 4  
25176 TORREBESSES  
Tel. +34 600 223 764  
[info@iluminario.com](mailto:info@iluminario.com)

## Artistic coordination



### Cercle Guitarrístic a Catalunya

c/. Segle XX, 37, bxs 3<sup>a</sup> esc B  
- BARCELONA  
[cergit@gmail.com](mailto:cergit@gmail.com)

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